



THE SPA & COUNTRY CLUB  
CASTLEMARTYR  
RESORT



RELAX  
AND  
REJUVENATE

Choose from one of the following treatments:

Relax

- 50-minute customised Espa facial with UV skin vision lamp
- Bespoke facial created to suit your skins need
- Conditioning espa scalp massage treatment

or

Rejuvenate

- 50-minute back-of-body Espa massage
- Conditioning Espa scalp massage treatment
- You select your aromatherapy oil to suit your treatment following a sensory test

€115 per person

Available Monday to Friday, book directly with the spa

Castlemartyr, Cork,  
P25 X300, Ireland

T: 021 421 9060

E: [spa@castlemartyrresort.ie](mailto:spa@castlemartyrresort.ie)

W: [www.castlemartyrresort.ie](http://www.castlemartyrresort.ie)