

CANOPY

RESTAURANT & BAR

GOOD MORNING

BREAKFAST MENU



THE HOTEL
CASTLEMARTYR
RESORT

FROM THE BUFFET

Breads & Pastries

Irish Soda Bread
Selection of Croissants
Pain au Chocolat

Cereals

Cornflakes
Rice Krispies
Bran Flakes
Weetabix
Chilled Bircher Muesli

Juices

Orange Juice
Apple Juice
Tomato Juice
Grapefruit Juice

Fruits

Poached Apple Pots
Fresh Melon + Pineapple
Prunes in Syrup
Fruit Salad

Porridge

From the kitchen

Available plain or
with berries or
with Castlemartyr
Resort Honey

Continental

Brie
Bandon Vale Mature Cheddar
Milano Salami
Peppered Salami

Allergen Corner

*Hot gluten free breakfast
available on request*

Variety of gluten free
cereals and breads
Soy Milk, Almond
Milk, Oat Milk

FROM THE KITCHEN

The Castlemartyr Resort Full Irish Breakfast

Tom Whelan Sausages, Bacon,
Rosscarbery Black and White Pudding,
Grilled Tomato and Mushrooms, Eggs of
your choice (G, D, SF, E)

Castlemartyr Resort Omelette

White Cheddar, Spinach, Ham (E,D)

French Toast

Lemon Curd, Crème Chantilly (E, D, G)

Castlemartyr Full Vegetarian Breakfast

Carrot and Tarragon Spring Rolls,
Roast Sweet Potato, Tomato,
Choice of Eggs (E, G, D)

Eggs Benedict

Grilled Muffin, Ham, Poached Eggs,
Hollandaise Sauce (E, G, D, SF)

Crushed Avocado on Toast

Grilled Sourdough, Cherry Tomato
(Vegan) (G)

Selection of Teas and Coffees available please inquire from your server

Allergens: (C) Celery, (D) Dairy, (F) Fish, (M) Mustard, (E) Egg, (G) Gluten, (N) Nuts, (CR) Crustaceans,
(MO) Molluscs, (SY) Soybeans, (SS) Sesame Seeds, (SF) Sulphites, (PN) Peanuts